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THE EFFECT OF WORKPLACE MOBBING ON ORGANIZATIONAL SILENCE: EMPIRICAL RESULTS FROM HIGHER EDUCATION INSTITUTIONS

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ABSTRACT

Mobbing and organizational silence are among the topics that have attracted attention in the field of organizational behaviour. This study aimed to investigate the effect of mobbing behaviours on organizational silence in the workplace. Data were obtained from academicians working at public universities in Turkey. As a data collection tool, the Mobbing Scale for Academicians (MS-A) scale developed by Yildiz (2020) to measure mobbing, and the organizational silence scale developed by Van Dyne et al. (2003) to measure organizational silence were used. Correlation and hierarchal regression analyzes were applied to the obtained data. Relationships between the sub-dimensions of mobbing and sub-dimensions of organizational silence were analyzed separately. According to the results of the analysis, mobbing behaviours had a significant and positive effect on acquiescent silence and defensive silences of the academicians. However, there was no significant effect of mobbing on the prosocial silence of academicians. These results showed that mobbing behaviours were effective in the emergence of organizational silence.

Keywords: Workplace mobbing, organizational silence, academician, higher education institutions



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1. INTRODUCTION

Especially labour-intensive organizations are considered as a social structure because they have more people. Employees and groups in the work environment continue their duties in interaction with other employees and groups. While they continue their duties, they display different behaviours according to the situation and conditions. The behaviours exhibited by individuals and groups in the face of phenomena and events during the working process directly or indirectly affect the effectiveness and productivity of organizations.

Many variables emerge through interaction within the organization, and these variables affect the physical, psychological, and social aspects of the employees and also their work-life positively or negatively. For example, while effective leadership and motivation increase the performance of employees, on the other hand, facts such as mobbing, stress, and burnout cause the productivity of the employees to decrease (Vévodová et al., 2020), and organizational silence causes the performance of the organization to decrease (Cetin, 2020). Therefore, this study addressed the issues of mobbing and organizational silence that harmed organizations to be understood better. More specifically, this study focused on educational institutions and aimed to examine the effect of mobbing behaviour on the organizational silence of academicians. In this framework, firstly the theoretical framework was formed, then the research methodology and findings were presented, and finally, the results obtained were discussed.

2. LITERATURE REVIEW

Mobbing

Austrian Scientist Konrad Lorenz (1963), who observed that a group of animals generally targeted a single animal for intimidating, was the first person to mention mobbing behaviour. Later, Heinemann (1972) used this term to examine children's group behaviour related to harming a group member by the other group members. In the final stage, Leymann (1996), a Swedish Psychologist, has become a leading researcher in the workplace that focuses on the psychological effects of psychological harassment on employees. Concentrating his research on employees within the organization, Leymann defined mobbing behaviours in the workplace as follows: "[...] a social interaction through which one individual (seldom more) is attacked by one or more (seldom more than four) individuals almost daily and for periods of many months, bringing the person into an almost helpless position with a potentially high risk of expulsion" (p. 168). To further clarify the issue, Leymann has divided 45 mobbing behaviours into five different categories: Impact on self-expression and communication (i.e., oral threats are made, contact is denied); attacks on the target employee's social relations and interactions at the workplace (i.e., banning the target employee from speaking to coworkers); attacks on the target employee's reputation (i.e., gossiping about the target employee); attacks on the quality of the target employee's profession and life situations (i.e., you are given meaningless jobs to carry out, you are continually given new tasks); attacks on the target employee's health through looks or gestures (i.e., you are forced to do a physically strenuous job).

The concept of mobbing used in working life is also expressed with concepts such as bullying, harassment, psychological terror. These concepts include meanings that express any behaviours such as maltreatment, threats, violence, and humiliation that are systematically applied to employees by "superiors", "other equally employees" or "subordinates" in the workplace. For a behaviour to be considered as mobbing, the victim must be exposed to one or more of the above-mentioned actions for a long time and systematically (Zapf, 1999).

Since workplace Mobbing is a serious phenomenon in organizations, many researchers have made efforts to develop measurement instruments. Leymann Inventory of Psychological Terror (Leymann, 1996), Negative Acts Questionnaire-Revised (Einarsen et al., 2009), Negative Acts Questionnaire-Revised—United States (Simons et al., 2011), and The Luxembourg Workplace Mobbing Scale (Steffgen et al., 2016) are examples of measurement instruments that measure mobbing. More specifically, Yildiz (2020) developed a scale with a strong psychometric feature on the academic sample called the Mobbing Scale for Academicians (MS-A). This scale consists of two dimensions: vertical/horizontal mobbing and vertical mobbing. Vertical/horizontal mobbing is harassment behaviours from managers and/or colleagues. Vertical mobbing is harassment behaviours from only the managers.

Research on mobbing shows that this phenomenon has several negative effects on both victims and organizations (Akar et al., 2011; Vveinhardt; Sroka, 2020). High burnout, low motivation, and low work quality can be given as an example of the effects on employees exposed to mobbing behaviour. Examples of the effects of mobbing on an organization are the weakening of social relations within the organization, the formation of an atmosphere of insecurity, dismissal, and compensation paid to employees (Hoel; Carneiro, 2011).

Organizational Silence

Morrison and Milliken (2000) define organizational silence as "not consciously sharing employees' knowledge,



opinions and concerns about work issues and problems with the management of the organization, on the contrary, they keep knowledge, opinions, and concerns for themselves". Pinder and Harlos (2001) describe organizational silence as a reaction to injustice. According to the authors, talented employees hide their ideas and opinions cognitively, emotionally, and behaviorally from other employees and management.

Employees often have constructive ideas, information, and opinions to improve work processes in their organizations. Sometimes these employees express their ideas, information, and opinions out loud, in other cases, they go into silence and hide their ideas, information, and opinions (Van Dyne et al., 2003).

Focusing on the organizational silence issue, Van Dyne et al. (2003) has suggested that there are three basic dimensions (acquiescent silence, defensive silence, prosocial silence) according to the intentions behind employee silence. Acquiescent silence is based on the understanding of adopting the existing situation with the belief that nothing will change. Defensive silence is meant as the individual's intentional preference to remain silent because he/she "fears the possible consequences of speaking clearly". Prosocial silence is defined as avoiding the expression of work ideas, information, and opinions based on self-sacrifice or cooperation motives to protect the benefit of other employees or organizations.

Although silence is initially perceived as approval, the unwillingness of employees to share information is an important behaviour that affects organizational performance. Many researchers view this behaviour as a potential barrier that threatens organizational change and organizational development (Morrison; Milliken, 2000).

Some variables cause the silence of employees in organizations. Organizational justice (Mirkamali et al., 2017) and workplace mobbing (Imadoglu et al., 2018) is one of them. Employees who perceive organizational injustice are reluctant to contribute to their organizations and hide their ideas. Similarly, employees who are exposed to mobbing behaviours are afraid to express their opinions about the solution. As can be seen from these researches, it is clear that organizational silence is an element preventing organizational development.

Relationships Between Mobbing and Organizational Silence

There is a lot of research in the literature that mobbing behaviour causes negative results. These researches primarily emphasized the physical, psychological, social, and economic losses of the victim (Zulfiqar et al., 2020). However, it has also been revealed that mobbing has some negative effects on the organization. Organizational silence is one of them.

There are separate researches on both mobbing and organizational silence in the field of organizational psychology. Besides, it is possible to see the research that deals with the relationship between mobbing and organizational silence in various sectors. These studies indicate the existence of a positive relationship between both variables. On the other hand, there is no research on the relationships between mobbing dimensions and organizational silence dimensions. Hence, the following hypotheses have been developed to gain a deeper understanding of the effects of mobbing dimensions on organizational silence dimensions:

- H₁. Vertical/horizontal mobbing has a positive effect on acquiescent silence.
- H₂. Vertical/horizontal mobbing has a positive effect on defensive silence.
- H₃. Vertical/horizontal mobbing has a positive effect on prosocial silence.
- H_a. Vertical/horizontal mobbing has a positive effect on silence.
- H_s. Vertical mobbing has a positive effect on acquiescent silence.
- H₆. Vertical mobbing has a positive effect on defensive silence.
- H_T. Vertical mobbing has a positive effect on prosocial silence.
- H_g . Vertical mobbing has a positive effect on silence.

3. METHOD

Sample Size and Procedure

The data were obtained from the academicians of sports sciences at different universities, Turkey. Academicians were first informed in line with the purpose of the research. A questionnaire was distributed to 214 academics who voluntarily agreed to participate in the study, and they were given one week to complete. It was observed that the forms collected at the end of the period were 193. Incorrect and incomplete questionnaire forms were removed and a total of 182 forms were found suitable for analysis.



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Measurement Instruments

In this study, the "Mobbing Scale for Academicians (MS-A)" developed by Yildiz (2020) was used to measure mobbing. This scale consists of 10 items and two sub-dimensions (vertical/horizontal mobbing and vertical mobbing). Statement examples of the scale include: "How often you are being exposed to gossip and slander about you by your colleagues or administrator," and, "How often you are being exposed to high or unmanageable workload intentionally by your administrator when compared others." The statements were rated on a 5-point Likert-type scale ranging from 1 ("Never") to 5 ("Every time").

To measure the organizational silence scale developed by Van Dyne et al. (2003) was used. This scale consists of 15 items and three sub-dimensions (acquiescent silence, defensive silence, prosocial silence). Statement examples of the scale include: "I passively withhold ideas, based on resignation," "I withhold relevant information due to fear," and, "I refuse to divulge information that might harm the organization." The statements were rated on a 5-point Likert-type scale ranging from 1 ("Strongly disagree") to 5 ("Strongly agree").

4. ANALYSIS AND RESULTS

Sample Characteristics

The majority of the participants are male (71.4%) and married (73.1%), and also have a 26-35 age range and a doctorate. The majority of academicians have the title of Assistant Professor, they have 6-10 age range (24.2%), and about 3/4 do not have administrative duties (Table 1).

Table 1. Sample characteristics

	f	%	
Gender	Male	130	71.4
Gender	Female	52	28.6
N. A. a. ital. atatus	Married	133	73.1
Marital status	Single	49	26.9
	25 and less	13	7.1
	26–35	75	41.2
Age	36–45	50	27.5
	46–55	30	16.5
	Over 56	14	7.7
	Undergraduate	6	3.3
Educational degree	Master's	53	29.1
acgice	Doctorate	123	67.6

	Research Assistant	33	18.1
	Instructor	62	34.1
Title	Assistant Professor	46	25.3
	Associate Professor	28	15.4
	Professor	13	7.1
Administrative	No	134	73.6
duties	Yes	48	26.4
Income (USD)	Under 770	20	11.0
	771-923	68	37.4
	924-1077	39	21.4
	1078-1230	27	14.8
	Over 1231	28	15.4
	Under 5	37	20.3
	6–10	44	24.2
Tenure	11–15	25	13.7
	16–20	24	13.2
	21–25	27	14.8
	Over 26	25	13.7

Source: Yildiz (2020)

Test for Validity and Reliability

To test the dimensionality of the MS-A and the organizational silence scale, we used a confirmatory factor analysis (CFA). For both scales, we ran CFA with all core variables. CFA results provided a strong model fit indices (Table 2). All values of CFA meet the criteria suggested in the literature for assessing model fit (Browne; Cudeck, 1993; Byrne, 2001).

The reliability analysis using the Cronbach's alpha coefficient showed a high-reliability score of 0.916 for the MS-A (vertical/horizontal mobbing=0.922; vertical mobbing=0.781), and 0.833 for the organizational silence scale (acquiescent silence=0.834; defensive silence=0.889; prosocial silence=0.840). These values indicate that all scales were highly reliable.

Correlation Analysis

According to the correlation results, vertical/horizontal mobbing is significantly and positively related to acquiescent silence (r=0.395; p<0.01) and defensive silence (r=0.416; p<0.01). In other words, as vertical/horizontal mobbing increases, acquiescent silence and defensive silence increase. Besides, vertical/horizontal mobbing has no significant relationship with prosocial silence. Similarly, vertical mobbing is significantly and positively related to acquiescent silence (r=0.372; p<0.01) and defensive silence (r=0.413; p<0.01). In other words, as vertical mobbing increases, acquiescent silence

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lence and defensive silence increase. Also, vertical mobbing has no significant relationship with prosocial silence. On the other hand, organizational silence and its sub-dimensions do not have a significant relationship with demographic characteristics (Table 3).

Hierarchical Regression Analysis

Hierarchical regression results showed that vertical/ horizontal mobbing had a significant and positive effect on acquiescent (β =0.376), defensive silence (β =0.426), and silence (β =0.400). The highest effect is on defensive silence.

Table 2. Confirmatory factor analysis (CFA) of the scales

Scales	χ2	df	χ2 /df	CFI	GFI	AGFI	NFI	IFI	RMSEA
MS-A	81.5	34	2.39	.957	.919	.869	.929	.958	.88
Organizational Silence	139.3	87	1.60	.961	.903	.867	.904	.962	.58

Source: Yildiz (2020)

Table 3. Results of correlation analysis

Variables	М	1	2	3	4	5	6	7
1. Gender		1						
2. Marital status		.110	1					
3. Age		216**	263**	1				
4. Educational degree		144	057	013	1			
5. Title		188*	354**	.483**	.398**	1		
6. Administrative duties		047	138	.193**	.049	.286**	1	
7. Income		232**	251**	.380**	.438**	.570**	.146*	1
8. Tenure		141	398**	.703**	.044	.630**	.150*	.267**
9. Vertical/Horizontal mobbing	2.33	052	044	.235**	.235**	.298**	.062	.054
10. Vertical mobbing	2.37	080	.171*	090	.271**	.076	033	.005
11. Acquiescent silence	2.13	120	.029	.071	.042	.168*	147*	031
12. Defensive silence	1.89	090	.049	052	.084	.111	126	072
13. Prosocial silence	3.82	051	.079	.192**	.096	008	.108	.108
14. Mobbing	2.35	074	.072	.079	.283**	.207**	.015	.032
15. Silence	2.61	124	.078	.108	.109	.124	070	.008

^{**}Correlations are significant at p < 0.01; *Correlations are significant at p < 0.05

Table 3. Results of correlation analysis (continue)

Variables	M	8	9	10	11	12	13	14
1. Gender								
2. Marital status								
3. Age								
4. Educational degree								
5. Title								
6. Administrative duties								
7. Income								
8. Tenure		1						
9. Vertical/Horizontal mobbing	2.33	.272**	1					
10. Vertical mobbing	2.37	089	.604**	1				
11. Acquiescent silence	2.13	.153*	.395**	.372**	1			
12. Defensive silence	1.89	.053	.416**	.413**	.706**	1		
13. Prosocial silence	3.82	040	.075	038	.009	017	1	
14. Mobbing	2.35	.100	.893**	.898**	.428**	.462**	.020	1
15. Silence	2.61	.073	.415**	.344**	.790**	.785**	.518**	.423**

**Correlations are significant at p < 0.01; *Correlations are significant at p < 0.05

Source: Yildiz (2020)



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However, there was no significant effect of vertical/horizontal mobbing on prosocial silence. According to these results, hypotheses 1, 2, and 4 were accepted (Table 4).

Hierarchical regression results showed that vertical mobbing had a significant and positive effect on acquiescent (β=0.372), defensive silence (β=0.396) and silence (β=0.317). The highest effect is on defensive silence. However, there was no significant effect of vertical mobbing on prosocial silence. According to these results, hypotheses 5, 6, and 8 were accepted (Table 5).

Table 4. Hierarchical regression analysis among vertical/horizontal mobbing and silence

	Dependent variable									
	Acquiescent Silence		Defensive Silence			ocial nce	Silence			
Independent variables ↓	Model	Model	Model	Model	Model	Model	Model	Model		
	1	2	1	2	1	2	1	2		
	Beta	Beta	Beta	Beta	Beta	Beta	Beta	Beta		
Gender	121	126	112	118	.006	.005	105	110		
Marital status	.101	.077	.079	.052	.071	.068	.120	.095		
Age	020	094	114	197	.431**	.421**	.162	.084		
Educational degree	004	104	.055	059	.154	.139	.105	002		
Title	.313**	.226*	.291*	.193	129	141	.212	.120		
Administrative duties	208**	201**	160*	152*	.099	.100	118	110		
Income	192	092	214*	099	.025	.039	175	068		
Tenure	.076	.046	.044	.010	261*	265*	081	113		
Vertical/Horizontal mobbing	-	.376**	-	.426**	-	.053	-	.400**		
R	.341	.482	.308	.494	.357	.360	.280	.458		
R2	.116	.232	.095	.244	.128	.130	.078	.209		
Adjusted R2	.076	.192	.053	.204	.087	.084	.036	.168		
F	2.850	5.783	2.269	6.166	3.161	2.852	1.839	5.059		

Note: Standardized beta values were used, **p <0.001; *p <0.05

Source: Yildiz (2020)

Table 5. Hierarchical regression analysis among vertical mobbing and silence

	Dependent variable										
	Acquiesce	ent Silence		nsive nce		ocial nce	Silence				
Independent variables ↓	Model	Model	Model	Model	Model	Model	Model	Model			
	1	2	1	2	1	2	1	2			
	Beta	Beta	Beta	Beta	Beta	Beta	Beta	Beta			
Gender	121	091	112	080	.006	.000	105	079			
Marital status	.101	.037	.079	.012	.071	.084	.120	.066			
Age	020	020	114	114	.431**	.431**	.162	.162			
Educational degree	004	105	.055	053	.154	.173	.105	.018			
Title	.313	.243*	.291*	.217	129	115	.212	.152			
Administrative duties	208**	193**	160*	144*	.099	.096	118	105			
Income	192	133	214*	150	.025	.013	175	124			
Tenure	.076	.118	.044	.089	261*	269*	081	045			
Vertical mobbing	-	.372**	-	.396**	-	073	-	.317**			
R	.341	.486	.308	.480	.357	.364	.280	.407			
R2	.116	.236	.095	.231	.128	.132	.078	.165			
Adjusted R2	.076	.196	.053	.190	.087	.087	.036	.122			
F	2.850	5.901	2.269	5.726	3.161	2.911	1.839	3.788			

Note: Standardized beta values were used, **p <0.001; *p <0.05

Source: Yildiz (2020)

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5. DISCUSSION AND CONCLUSION

The results of this study showed that mobbing behaviours in the workplace have a significant and positive effect on the organizational silence of academicians. Similar results have been seen in researches on occupational groups in other sectors. For example, Elci et al. (2014) on employees of a public institution, Husrevsahi (2015) on teachers, and Gul and Ozcan (2011) on employees of a public institution found significant and positive effects of mobbing on organizational silence. In researches conducted on academics, mobbing has a significant and positive effect on organizational silence (Erdirencelebi; Sendogdu, 2016; Kalay et al., 2014). In our study, we put forward that the findings obtained from this sample are clearer because we use the mobbing scale developed specifically for academicians, unlike other researchers. In other words, we can say that the results in our study are more clear in the context of the academic population.

As can be seen from similar researches above, there is a consensus that mobbing affects the organizational silence of the employees. In general, it can be said that mobbing behaviours affect the victim negatively and cause it to remain silent.

In our study, unlike other researches, the relationships between the sub-dimensions of mobbing and the organizational silence sub-dimensions were examined separately. According to the results of our study, both vertical/horizontal mobbing and vertical mobbing affect organizational silence significantly and positively. These two variables also affect the acquiescent silence and defensive silence, which are the sub-dimensions of the organizational silence, significantly and positively. Employees who have acquiescent silence because of mobbing are not very interested in the subject and do not want to talk and do not make any attempt for organizational development. Employees who have defensive silence because of mobbing believe that it is a useless or even dangerous effort when they express their opinions about anything related to their jobs and as a result, they can keep any information their superiors do not want to hear. These employees ignore negative situations and do not express ideas that will contribute to development. On the other hand, both vertical/horizontal mobbing and vertical mobbing do not affect prosocial silence. Employees who do not have a prosocial silence because of mobbing do not remain silent, ignoring the goodness of others, do not think too much about the purpose and benefit of other employees, and do not have any cooperation and sacrifice for their organization. Even these employees do not tend to keep their organization's information that should be kept confidential.

The effect of mobbing on organizational silence is similar to that of organizational citizenship behaviour. The job

performance of employees exposed to mobbing behaviour is negatively affected. In the study by Yildiz (2016), altruism, conscientiousness, courtesy, sportsmanship, and civic virtue behaviours are not observed in employees exposed to mobbing. This means that organizations lose employees creating added value.

As a result, this study shows that organizational silence is affected by mobbing behaviour. Considering that organizational silence decreases the performance of the employees and this situation negatively affects the performance of the organization, it can be said that the management should take measures to prevent mobbing behaviour.

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